

PENSACOLA JUNIOR COLLEGE

Winter Hitting Camp

For the hitter that is trying to make the team to the hitter wanting to be the All-Star! This is the camp for you.

You will learn T-drills, soft toss, flip drills, Situational Hitting. You will have cage work, live BP on the field, Video and Video Analysis. You will learn the mental side of hitting and aggressive off speed attacks and the fundamentals of the swing.

WHO CAN PARTICIPATE

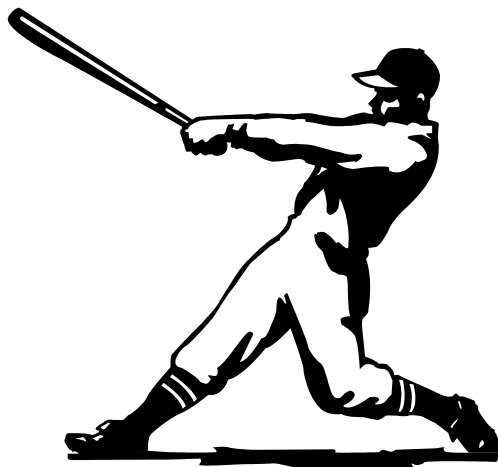
Ages 12 and Up

WHAT TO BRING

Glove, Bat, Shoes, and Batting gloves.

December 7th – 10th 5:00-7:30 each day.

Will have a concessions stand open for snacks and drinks.



WAIVER RELEASE FORM

Name _____

Address _____

Home Phone _____

High School/Travel Team _____

Height _____ Weight _____ DOB _____

Age _____

I, _____

understand that I am participating in this camp, I understand that the persons conducting this camp/workout are not responsible for any injury that may occur to me during this camp/workout or that may occur at a later camp/workout by my choice. I FULLY UNDERSTAND THAT I AM RESPONSIBLE FOR ANY INJURY THAT MAY OCCUR AND NOT HOLD

PJC OR ITS EMPLOYEES RESPONSIBLE.

PARTICIPANT _____

PARENT/GUARDIAN

DATE

TO REGISTER, PLEASE SEND

* Waiver Release form

* \$150.00 make checks out to

PJC Foundation/Baseball

Open to the first 90 kids. Kids will be divided by age group and ability.

MAIL TO:

PJC ATHLETIC
DEPARTMENT/BASEBALL
COLLEGE BOULEVARD
PENSACOLA, FL 32504

REGISTRATION

\$150 PER PLAYER



